PARTICIPANT EQUIPMENT LIST

To participate in program activities the following equipment is **essential**.

- **BROAD BRIM HAT**
- **DRINK BOTTLE**
- **SHOES**
  - Closed in shoes x2
  - (1x wet activities, 1x dry activities)
- **T-SHIRT**
  - Needs to be long enough to tuck in and must have sleeves
- **SHORTS**
  - Shorts to the knee
  - Board shorts or ¾ length

All Jewellery must be removed for activities.

**To enjoy your stay at camp you will also require the following equipment and clothing:**

- T Shirts
- Shorts
- Warm long sleeved jumper
- Long pants
- Beach Towel
- Swimmers
- Wet Shoes (Compulsory for kayaking, canoeing, raft building and fishing activities)
- Pyjamas
- Toiletries – Toothbrush, toothpaste, hairbrush, soap
- Sunscreen
- Bath Towel
- Doona or sleeping bag, pillow and pillow case
- Small back pack
- Sunglasses
- Rash Shirt/ sun shirt
- Camera (optional – waterproof disposable variety is best)
- Chaffing Cream- Very Important
- Raincoat